|  |  |
| --- | --- |
| **Mean fasting blood glucose** | Description: mean fasting blood glucose results including those currently on medication for diabetes (non-fasting recipients excluded) |
| Instrument question: B1: During the last 12 hours have you had anything to eat or drink, other than water? B5: Blood glucose measurement |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean fasting blood glucose (mmol/L)** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Mean | 95% CI | n | Mean | 95% CI | n | Mean | 95% CI |
| 18-29 | 253 | 4.5 | 4.3 - 4.7 | 223 | 4.9 | 4.0 - 5.7 | 476 | 4.7 | 4.2 - 5.2 |
| 30-44 | 432 | 5.1 | 4.8 - 5.4 | 463 | 5.3 | 4.6 - 6.0 | 895 | 5.2 | 4.8 - 5.6 |
| 45-59 | 407 | 5.6 | 4.8 - 6.4 | 451 | 5.5 | 5.1 - 5.8 | 858 | 5.5 | 5.1 - 6.0 |
| 60-69 | 284 | 5.2 | 4.9 - 5.5 | 269 | 5.2 | 4.9 - 5.5 | 553 | 5.2 | 5.0 - 5.4 |
| **Total** | **1376** | **5.1** | **4.8 - 5.4** | **1406** | **5.2** | **4.8 - 5.6** | **2782** | **5.1** | **4.9 - 5.4** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 412 | 5.0 | 4.6 - 5.5 | 418 | 5.2 | 4.5 - 6.0 | 830 | 5.1 | 4.7 - 5.6 |
| Urban | 964 | 5.1 | 4.8 - 5.4 | 988 | 5.1 | 4.9 - 5.4 | 1952 | 5.1 | 5.0 - 5.3 |